



NCCP Community Rugby – Initiation



Coaches in the Community Sport stream typically become involved on a voluntary basis because their children participate in a sport or they are teachers introducing rugby to a school for the first time.

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The Initiation (CSp-Init) context focuses on participants who are being introduced to rugby. This course is targeted towards beginner coaches who are working with athletes who have not participated before. The course is very focused to practical rugby instruction with online pre-task theory learning and is designed as a Trained Only Course with no post evaluation. This is a great course to tell you more about rugby and how to coach it.

Rugby Canada is committed to Long Term Athlete Development and CSp-Init incorporates and targets a number of Developmental Stages for coaches.

There are two (2) modules incorporated into CSp-Init for Rugby:

Non-Contact (5.5 hours) [Active Start](#) / [Fundamentals](#)

Contact (8 hours) [Fundamentals](#) / [Learn to Train](#) / [Train to Train](#)

A standalone Rugby Seven's module is also available for the community context and is available as a Pro-D workshop. All coaches wishing to take this module must first complete Module Community Contact for rugby. This module is 6 hours long and is in workshop format.

The NCCP Community Initiation context is ideal for Mini, Junior, Elementary and new high school coaches.

NOTE: The NCCP Community Initiation Context is the minimum standard for coaching rugby in Canada. Rugby Canada recommends that all high school and Club coaches be trained to this minimum standard or higher before engaging with rugby athletes and teams.