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## Rugby in Alberta news....

### Special points of interest:

- **Rescheduled AGM**
- **Albertans on National Teams**
- **Sports Hall of Fame**



## RUGBY ALBERTA AGM

Due to severe weather on December 5 & 6th Rugby Alberta made the decision to postpone the AGM. We do hope this did not cause any of you any inconvenience.

We have now reschedule our meeting.

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### RUGBY ALBERTA AGM

January 24, 2010

11:00 a.m.—2:00 p.m.

Red Deer Lodge, Gull Lake Room

Red Deer, Alberta

# Rugby Alberta Players making Rugby Canada Teams and Squads

## Canada U17 Men's Development Program

Will play 3 x Rugby Canada development games in BC in 2010

Brandon Harrison	Calgary Saracens
Jonathan Schleback	Calgary Irish
BJ Brush	Canucks
Conner Emigh	Lethbridge
Jolan Aubry	NWAA
Darcy Ralph	Calgary Irish
Dustin Lehne	Foothills Lions
Peter Piedimonte	Calgary Saracens
John Arndt	Calgary Saracens

## Canada U17 National Men's (USA and England Tour)

Robbie Anderson	Calgary Hornets
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## Canada U20 National Men

Tours to the USA and NZ

Josh Schlebach	Calgary Irish
Adam Dreidger	Calgary Saracens's
Brett Kelly	St Albert RFC

## Canada Development

ARC Senior men's select v. Jaguars 2009

Jeremy Kyne	Strathcona Druids
Steve Woodward	Calgary Irish

## Canada National Senior Men's (NSMT)

Andrew Tiedeman	St Albert RFC
Nick Blevins	Calgary Hornets

## Canada U20 National Women

Tour to England in 2009

Genevieve Ahart	Lethbridge RFC
Stacie Becker	St Alberta RFC
Alex Hendricks	Lethbridge RFC
Amanda Lalonde	St. Albert RFC
Brittany Orr	Lethbridge RFC
Kolby, Ritter	Calgary Irish

## Canada Senior Women

Women's World Cup 7s, Nations Cup, France Tour 2009

Paige Burdett	Calgary Irish
Jennifer Kish	Edmonton Lep/Tigers
Ashley MacDonald	Lethbridge
Ashley Patzer	Lethbridge
Laura Stoughton	Calgary Irish
Nikki Tyminski	Strathcona Druids
Katie Murray	Lep/Tigers

## Canada Senior Men's 7s (IRB world series)

London and Edinburgh

Ian Shoults	Calgary Irish
James Buchanan	Calgary Hornets

## Alberta Coaches involved in Rugby Canada Programs

Chal Smyth	SA RFC (Canada U20 Assist Coach)
John Long	Calgary Hornets (National Sr Women Head Coach)
Kris de Scossa	Calgary Irish (National Sr. Women Assistant Coach)

# Do it Right... Be Rugby Ready

For players, coaches, match officials, administrators and unions



Rugby Ready is a powerful online resource that you can register to use for free! With an emphasis on strength and safety, it teaches you to respect yourself and the game so you can gain maximum enjoyment from it.

The self-assessment programme includes 17 good-practice modules covering:

- Match preparation and physical conditioning
- Correct technique
- Injury prevention and management



REGISTRATION IS FREE

<http://www.irbrugbyready.com/irbrr/en/home8.jsp>



## COACH ALBERTA

- Is the organization dedicated to coaches of all sports in Alberta.
- To Support, connect and develop inform and advocate for coaches in Alberta

EDUCATION

NETWORK

ADVOCACY

Become a CAB Member:

When you enter the link below, the information you provide will register you as a member of Coach Alberta. As part of the registration process, you are asked to complete a short survey, the goal of which, is to provide CAB with information to better assist in providing services back to you as a CAB member.

[HTTP://WWW.COACHALBERTA.CA/HOME.HTML](http://www.coachalberta.ca/home.html)



Alberta Sports Hall of Fame  
PSA

Date: October 5, 2009

Contact: Debbie Brigley

Release Date: October 8, 2009

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The Alberta Sports Hall of Fame is accepting nominations for the 2010 Alberta Sports Hall of Fame Induction Banquet. The Alberta Sports Hall of Fame preserves and honours Alberta's sport heritage by recognizing extraordinary achievement in sport and encourages people to complete the nomination form today; to help us honour our extraordinary sport athletes and builders. Each year 10 nominations are selected for Induction into the Alberta Sports Hall of Fame.

Nominations are accepted for individual or teams in the following categories.

- Athlete
- Team
- Builder
- Media
- Pioneer
- Achievement

Nomination forms can be downloaded off the ASHFM website:

[www.albertasportshalloffame.com](http://www.albertasportshalloffame.com) Deadline for 2010 Induction selection will be January 31, 2010. If you have any questions please call Debbie at 403-341-8614 or email: [debbie@albertasportshalloffame.com](mailto:debbie@albertasportshalloffame.com)



The Rugby Alberta office will be closed during the holiday season but will reopen January 5th,. Although we will not be in our offices we will be checking emails periodically so if you need to contact us feel free to do so. We will get back to you as soon as possible.

Dustin, Matt and Debby as well as the Rugby Alberta Board of Directors would like to wish you a very Merry Holiday season and all the best in 2010. We look forward to working with you during the upcoming Rugby Season.